and the "calories burned" data display page is the data display page that will be displayed next responsive to receipt of a page advance request, e.g., such as may be done in block **2116**.

[0269] FIG. **22**B depicts the same sequential display order as shown in FIG. **22**A, but modified to insert two interim data display pages into the sequential display order, such as may be done in block **2114**.

[0270] For example, a biometric monitoring device may be displaying the data display pages listed in the sequential display order of FIG. **22**A. The user of the biometric monitoring device may cause the display to cycle through the five listed data display pages—as long as the display does not turn off, each successive page advance request by the user may cause the biometric monitoring device to display the next data display page listed in the sequential display order with respect to the data display page currently displayed. If the last data display page in the sequential display order is displayed, then the next data display page that is displayed responsive to a page advance request may be the first data display page in the sequential display order, as indicated by the arrow on the right side of the table. If the display of the biometric monitoring device is currently displaying the "distance traveled" data display page and a page advance request is received, then a processor or processors of the biometric monitoring device may cause the display to display the "next" data display page in the sequential display order, i.e., the "calories burned" data display page.

[0271] If a page advance request is received while the display of the biometric monitoring device is in an off state, however, then the processor or processors of the biometric monitoring device may modify the sequential display order as shown in FIG. **22**B by inserting, in this case, two interim data display pages into the sequential display order just after the data display page that was last displayed on the display before the display entered the off state. The interim display pages, as shown in this example, may be duplicate instances of other data display pages in the sequential display order. For example, the sequential display order may be modified such that an interim "clock" data display page is the next data display page that is displayed responsive to receipt of a page advance request while the display is off, and such that an interim "distance traveled" data display page—which was the data display page that was displayed by the display when the display entered the off state—is the next data display page that is displayed responsive to the next page advance request to be received after the page advance request received while the display was off.

[0272] After one or more interim data display pages have been displayed, the sequential display order may be further modified to remove the displayed interim data display pages from the sequential display order. For example, after the interim "clock" data display page is displayed, it may be removed from the sequential display order. Thus, if all of the data display pages in the sequential display order are advanced through without the display turning off, then both interim data display pages shown may be removed from the sequential display order. In effect, this causes the interim data display pages to be shown only once while the display is in an on state—after the initial display of the interim data display pages, the biometric monitoring device will revert to displaying the data display pages as shown in the sequential display order of FIG. **22**A.

[0273] As mentioned with respect to FIGS. **10** through **12**, in some implementations, some data display pages may be represented by any of a plurality of different data display subpages. For example, FIG. **10** depicts three data display pages—a "time" data display page, a "steps" data display page, and a "heart rate" data display page. Each data display page shown may have, in this example, three data display subpages. For example, the "time" data display page has a "12-hour time" data display subpage ("12:43 pm"), a "weekday" data display subpage "Tues"), and a "date" data display subpage ("Feb. 8, 2010"); the "steps" data display page has a "steps taken" data display subpage ("1007 steps"), a "distance" data display subpage ("0.5 ml"), and a "steps v. time" data display subpage (a two-axis data plot); and the "heart rate" data display page may have a "beats per minute" data display subpage ("97 bpm"), a "heart rate zone" data display subpage ("Active HR Zone"), and a "heart rate variability" data display subpage ("HR variability SDNN=70 ms").

[0274] In FIGS. **10** through **11**, the data display pages/data display subpages shown are examples of data display pages/data display subpages that may be shown on a display of a biometric monitoring device. Such a biometric monitoring device may be capable of differentiating between at least two different types of input. In response to receiving the first type of input, e.g., a button press, the biometric monitoring device may cause the display to advance through the sequential display order and to display, for each data display page, the data display subpage that is indicated as representing the data display page. For example, the "12-hour time" data display subpage is currently representing the "time" data display page in FIG. **10**, and when a user advances to the "time" data display page, the "12-hour time" data display subpage would then be displayed by the display to represent the "time" data display page. Correspondingly, when the user then advances to the "steps" data display page, e.g., by pressing the button again, the "steps taken" data display subpage may be displayed to represent the "steps" data display page.

[0275] In response to receipt of the second type of input, e.g., a double tap of an object such as a fingertip on the housing of the biometric monitoring device, the processor or processors of the biometric monitoring device may cause the display to advance to the next data display subpage in a sequential subpage display order for the currently-displayed data display page. For example, if the "steps" data display page, represented by the "steps taken" data display subpage, is currently shown on the display of a biometric monitoring device and the biometric monitoring device receives the second type of input, e.g., a double-tap on the housing of the biometric monitoring device, the processor or processors of the biometric monitoring device may cause the display to advance to the "distance" data display subpage. Thus, the "steps" data display page is still shown/represented on the display of the biometric monitoring device, but the actual content that is displayed by the "steps" data display page is governed by the data display subpage. Typically, the content of the various data display subpages that may represent a data display page is related to the data display page that the data display subpages represent.

[0276] FIG. **23** depicts a flow diagram of a technique for navigating data display pages and data display subpages.

[0277] Technique **2300** in FIG. **23** begins in block **2302** with a determination as to whether a page advance request is received by the processor or processors of a biometric monitoring device. If the determination is made in block **2302** that a page advance request has been received, then the technique may proceed to block **2306**. In block **2306**, the sequential